



**interaction**  
*empowering people*

# SOLE WORKER POLICY

Easy Read Guide



**EASY READ**

# WHAT IS A SOLE WORKER?



A participant may be provided with support in their own home where they live alone



They can have one support worker to assist them, or have multiple support workers



Where there is one support worker assisting a participant who lives alone, this person is called a **sole worker**



If a participant receives support from a sole worker for a long period of time, this may be risky especially if they are not trustworthy



# RISKS OF SOLE WORKER



There are risks if a participant uses a sole worker for a long time



These risks include:

- Abuse - abuse is when you are being hurt. You can read Interaction's Rights policy to learn more about it
- Not engaging with the community - having limited or no regular face-to-face contact with relatives, friends or other people
- The participant can't move without the help of their support worker
- The participant can't talk or communicate with people without their support worker



A participant may become dependent, or rely too much on a sole worker

# INTERACTION'S POLICY



Interaction has zero tolerance of abuse of people with disability



This means if someone tries to hurt you, Interaction will take action against them



Interaction believes that you have a right to choice in making your own decisions



If your choice will impact you badly, and there are risks to your choice, Interaction may ask you to reconsider your choice

# INTERACTION'S POLICY



If a participant lives alone, an Interaction staff member will complete a risk assessment and check if there are risk factors of having a sole worker



If there are two or more risk factors, the staff will talk to you about the risks



Interaction will develop a strategy to minimise these risks through creating a written service agreement



Staff will provide this agreement to you, and will be responsible for checking you remain safe.