



**interaction**  
*empowering people*

# INDEPENDENCE AND INFORMED CHOICE POLICY

Easy Read Guide





# INTERACTION'S POLICY



Interaction believes that each participant should make their own decisions



Participants should be able to control all aspects of their lives, including risky ones



Legally appointed guardians have a right to make decisions for the participant in some situations



Interaction will support participants to get the most out of their NDIS plan, and achieve their goals

# PARTICIPANT'S RIGHT IN DECISION MAKING



Staff will support your right to make decisions



Staff will give information, training, and support to you so you can make your own decisions



You will be given enough time to make important decisions and get advice if needed

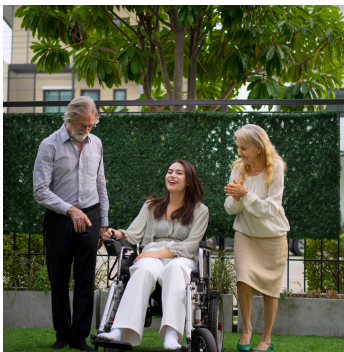


If you do not want to or you cannot make a decision, then your family, person responsible, or guardian can make it

# SUPPORT NETWORK INVOLVEMENT



A **support network** are people who support you like your family, or guardian



Staff will make sure your support network is invited to the decision-making process, if you want them there



You have the final say in what the decision will be



If you are under the age of 16, your parent or guardian has the right to make decisions for you



# INFORMED CHOICE AND DECISION MAKING



Staff will give you a range of options that will help you make your decision



Staff will help you make decisions about your individual planning and goals



Staff will not let their own views or culture impact your decision



For example, if you need to vote in an election, staff will not tell you who to vote for and why

# RISKS AND DECISION MAKING



Staff need to give you information and education if there is a risk based decision



A **risk based decision** is a decision that involves some risk. For example this could be deciding that you want to go skydiving



If you decide to make a decision that will lead to harm, staff will discuss this with the manager



If you have any questions about this process, you can ask staff for more information



# SEXUALITY AND RELATIONSHIPS



Staff will support your decision about sexuality and relationships



It is important you understand what consent is when you are in a relationship. Staff can help you understand this.



Staff will support you to get access to services like Family Planning NSW and Community Health Centres or you can talk to your family or worker



These services will help you get information about sexual health, relationships and sexuality

# SEXUALITY AND RELATIONSHIPS



If you do not want to share your relationship or sexuality with others, staff will respect this



You have a right to privacy



If staff need to legally share information, they will tell you before they do it



If you have any questions about this process, you can ask staff for more information