



**interaction**  
*empowering people*

# EMPLOYMENT AND RECREATIONAL ACTIVITIES POLICY

Easy Read Guide



# INTERACTION'S POLICY



Interaction believes that having a job and/or doing activities can help a participant's self-image and wellbeing.



**Self image** is how you see yourself, and **wellbeing** is how you are feeling



Interaction encourages all participants to have a job and join activities that they enjoy



Interaction will provide support to a participant so that they can reach their personal goals and discuss their progress with them



# TYPES OF EMPLOYMENT AND ACTIVITIES



Every year you will go through a formal planning process where staff will help you choose a job or activities that will help with your goals



ACCOMMODATION INDIVIDUAL PLANNING  
Easy Read Guide



For more information about the planning process, read Interaction's 'Accommodation Individual Planning' policy



Some of the activities a participant may choose can be:

- Employment
- Educational programs (e.g. TAFE, community training programs)
- Work Experience
- Skill Training Programs
- Community Access activities
- Volunteer work
- A hobby that the participant has wanted to try
- Holidays

# STAFF'S ROLES



Staff will encourage you to pick mainstream employment and recreational activities



This means that you will be encouraged to choose activities that the community enjoys as well



The activities will help your independence and help you socialise with other people



Staff will help you understand and practice your rights and responsibilities



# WATER ACTIVITIES



If you want to choose a water activity, this will be supported by Interaction



Interaction will support you to a pool where there are lifeguards



A **lifeguard** is an expert swimmer and rescuer who supervises the safety of others



The lifeguard will be told that you want to swim at the community swimming pool or spa

# RISK ASSESSMENT



If you want to pick a water activity, a risk assessment will be done by staff



If the staff find an unacceptable risk, the activity will be stopped immediately



An unacceptable risk is something that completely risks the participant's and staff's safety and health



If you have any questions about this process, you can ask staff for more information

# STAFF SUPERVISION



Staff will supervise you in the pool and spa at all times. If you need help at the pool, Interaction will make sure you are supported by appropriate staff. E.g., changerooms.



Staff are not allowed to support participants in moving water or open water activities



This includes activities like surfing, going to the beach and swimming at water parks



You should wear appropriate swimwear and swimming caps when necessary