



interaction
empowering people

BEHAVIOUR SUPPORT POLICY

Easy Read Guide



YOUR RIGHTS



Everyone has the right to feel safe and to live in an environment where you are protected from violence, neglect or any other form of **abuse**



Abuse is when you are being hurt. Examples of abuse are:

- Emotional: someone is hurting you with their words
- Physical: someone hurts your body
- Sexual: sexual behaviour forced on you without your consent
- Neglectful: when you aren't given basic things to feel safe (e.g. food, a place to live)



Interaction supports your right to express your needs and have control and choice in your life

BEHAVIOURS OF CONCERN



Interaction supports your safety, welfare and well-being



Interaction wants to provide you with support to manage any **behaviours of concern**



Behaviours of concern are behaviours that can harm you or anyone else's life or safety



Interaction will look at different risks when helping with behaviours of concern

STAFF ROLES



Staff have a duty of care to you



This means they want to reduce the risk of behaviours of concerns



Staff will need to complete an incident form if something happens that harms you or someone else



If you have any questions, ask the staff

BEHAVIOUR SUPPORT PLANS



Interaction will work with you to develop strategies to help you manage any behaviours of concern like how to keep you safe, calm, and keep others from harm



Staff working with you will need to practice these strategies with you. These will be written in a behaviour support plan



Consent will be asked from you or your guardian before staff begin to practice these strategies



Your behaviour support plan will be reviewed every 12 months

PROHIBITED PRACTICES



Staff are not allowed to use a prohibited practice



Examples of **prohibited practices** include:

- Physical punishment (or abuse)
- Force-feeding or not giving any food
- Any punishment that will scare you



If a prohibited practice is used, you must report it to Interaction's managers immediately



Interaction will report any prohibited practices to the NDIS Quality and Safeguards Commission

RESTRICTIVE PRACTICES



Restrictive practices is not allowing someone to do something for their own safety

Restrictive practices can be:



- Chemical: a medication or chemical substance used to influence behaviour
- Environmental: using physical barriers such as locks
- Mechanical: using a device such as bed rails
- Physical: using physical force to influence behaviour
- Seclusion: placing a participant in a space or room where they can't exit



Interaction will speak to you and your guardian, and ask for consent before a restrictive practice is finalised and put in a behaviour support plan.