

# Free Online Safety Training

Equipping participants with skills to identify and overcome online risks



Interaction's free Online Safety Training supports young people with disabilities to participate in the rich and expansive world of the internet while minimising the online risks that disproportionately harm them.

This free resource has been designed to empower participants and their support networks to adopt safe online practices and build digital resilience. Topics include:

- Recognising and managing cyberbullying,
- How to have safe online relationships,
- Protecting personal private information,
- Understanding image-based abuse,
- How to improve your digital wellbeing.

To equip parents, carers and educators with the tools to support young people, the training also provides information on:

- Understanding current online safety risks,
- Enhancing connection, trust and partnerships with your child,
- How to set up a cyber safe home.

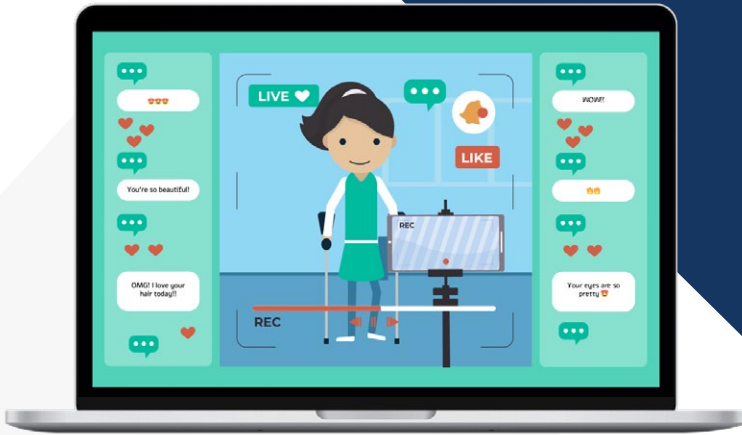
This training has been developed in collaboration with Australia's leading cyber safety experts, ySafe, thanks to funding and support from The Office of the eSafety Commissioner's Online Safety Grants Program.



To access the free training, visit [www.interactionservices.org/online-safety](http://www.interactionservices.org/online-safety)

For more information call **1300 668 123**  
or visit [www.interactionservices.org](http://www.interactionservices.org)

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## Accessibility

Interaction's Online Safety Training is available on a custom-built learning platform that includes accessibility features such as AUSLAN interpretation, visual tools and audio media to support users with diverse learning needs. Each participant can navigate and control their experience.

## Inclusivity

The learning materials have been developed in consultation with the disability community and sector experts. This course ensures young people with disability are not excluded from having positive and safe experiences online, and that parents, carers and educators have the knowledge they need to best support those they care for.

## Agency

By arming participants with the knowledge to manage online risks, the course offers an exciting opportunity to build their individual agency as they progress on their digital journeys.



Interaction Disability Services is a not-for-profit, NDIS-registered organisation committed to supporting and empowering people living with intellectual disability.

[www.interactionservices.org/online-safety](http://www.interactionservices.org/online-safety)

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